

السن: ٧/٢/١٩٩٦

اسم المريض : أمينة احمد كامل

الحالة الإجتماعية: عزباء

الوظيفة : موظفة ببنك

Complaint of the patient :

اهلي حزونى غصب عني مرتين فى مستشفى خلال السنين اللي فاتوا و قالوا عليا عندي اضطراب وجداني و انا اخيرا اقتنعت فقررت اروح لدكتور تاني عشان مش مطمئة للدكانرة بتاعتهم

Complaint of informer"if present" :

Nad

HPI:

Condition started 2 years ago with manic episode she was admitted twice in hospital and was prescribed on medication upon which she wasn't complaint last admission was month before clinic visit .

She is know on quitipine 100 mg trileptal 300 mg and risperidone 1 mg

O/e she was conscious alert otpp

She has high amount of speech

Past history :

Family history :
Irrelevant

Drug history :

Unrecalled

Management plan :
Pharmacological :

Increase trileptal to 300 twice increase risperidone to 2 mg and sto
quitipine add action 2 mg and internal for Epson symptoms

Psychotherapy :

For supportive therapy and act

Follow up :
On follow up she shows ideas of persecution towards her mother
and brother هم عملوا كل دا عشان ياخدوا فلوسي
Risperdone increased to 3 mg
17/6/2025
Improved on ideas of persecution
Insight for illness medication and need of Hospitalization before
Has alot of bad memories regarding her last episode referred to
om kalthom

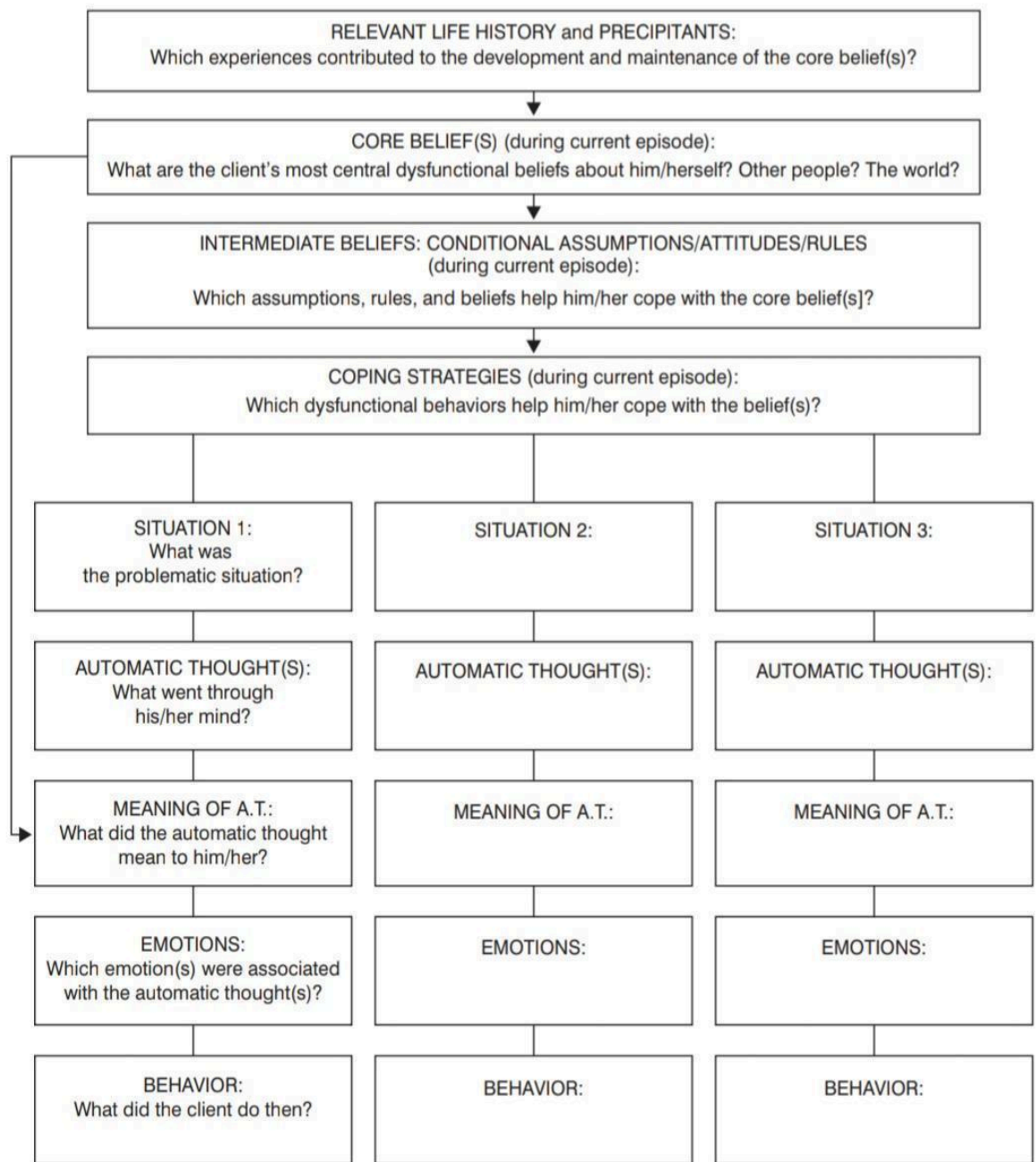


FIGURE 3.8. (Traditional) CCD: Questions. Copyright © 2018 CBT Worksheet Packet. Beck Institute for Cognitive Behavior Therapy, Philadelphia, Pennsylvania.

