

UAE

Interviewer Name: Dr. Bussen Date: 2/2/2026

Patient Name: عبدالله بن محمد / DOB: 29/8/1970 Age: 55

Patient Education: ثانوية عامة

Patient Employment: موظف

Marital Status: Married 1989, husband متزوج, متزوج, متزوج, smokes Hash

Children: 1 girl<sup>35</sup>, 1 boy<sup>30</sup> in UAE

Father: Passed 25 years ago, متوفى

Mother: متوفى, متوفى, متوفى, متوفى

Siblings: Order: 2/3; significant data: older brother passed

CC: \_\_\_\_\_

HPI: Pt in verbal, emotionally, controlling, financially abusive relationship w/ husband

He cheated on her multiple times, lost time w/ cleaning lady

He was physically abusive towards their children through out their childhood & now has no relation w/ them

She "ran away" w/ her son to her daughter in UAE & cut off ties w/ him. She reconnected a few weeks ago and now wants to return to Egypt & booked her flight in 7 days.

Her children (spec. her son) is crying & collapsing because he is scared about her return.

No Dep., No psychosis, No SI, No HI.

Drug History: occasional THC used w/ husband.

Forensic History: \_\_\_\_\_

Current Risk:  None  Hx of Suicide  Hx of DSH  Current death wishes  Current Suicide intent  Current plan  Risk to others \_\_\_\_\_

Past Psychiatric History: \_\_\_\_\_

Last year 23 session w/ Psychiatrist for support due to separation from husband.

Past Medical History: Shoulder pain, hysterectomy 3-4 yrs cancer

FH: -ve

SH: \_\_\_\_\_

MSE: Normal appearance, normal mood, reachable affect  
No psychosis, No SI, No HI, good insight/judgment

Current Meds: -ve

Assessment and Diagnosis: \_\_\_\_\_

Plan:

- Medications: \_\_\_\_\_

Patient informed regarding possible side effects

- Labs: \_\_\_\_\_

- Psychometric tests: \_\_\_\_\_

- Therapy: Pt advised to complete Benefit-harm analysis  
- Advised to seek couple therapy online prior to returning to Egypt.