

سرقية

Interviewer Name: Dr. Bassan Date: 16/2/2025

Patient Name: احمد زينات DOB: 1/9/1997 Age: 28

Patient Education: الكلية البحرية

Patient Employment: قبطان second mate

Marital Status: None

Children: None

Father: 60 years, Tough, لا يتناقض، متين، صلب

Mother: 55 years, قسوة، متديونة، تربية اسلامية

Siblings: Order: 1/3; significant data: 2 boys

CC: \_\_\_\_\_

HPI: \_\_\_\_\_

OCD: obsessive thought about death whenever he is said to travel anywhere, intrusive thought taking up to 1 hr of his day. Fear of Death is the main obsession.

No major compulsions known except avoidance behavior from work & travel.

Mood: Depressed mood for >15 months  
- Isolating himself - <energy - <concentration

Social anxiety: excessive fear of being judged led to isolation  
- Feeling of inadequacy & guilt.

Father very critical since young age

Drug History: Tried 1 puff of hash & 1 sip of beer once in his life

Forensic History: -ve

Current Risk:  None  Hx of Suicide  Hx of DSH  Current death wishes  Current Suicide intent  Current plan  Risk to others \_\_\_\_\_

من زمان  
من مشاكل  
وحصل انفصال  
منه من سنة  
وربوا  
- طول العاقل  
انا فيها

بدراسة  
من زمان

Past Psychiatric History: \_\_\_\_\_

2017: Depression Sertraline no effect → cymbalta 60 was good

2020: agoraphobia + panic attacks Introl added.

Past Medical History: Asthma, Appendectomy.

FH: Cousin father side OCD, Father PTSD (house burnt)

SH: \_\_\_\_\_

MSE: Pt appears his stated age, cooperative, alert, oriented, "anxious" mood, negative appropriate affect, no formal thought disorder, no psychosis, no SI, no HX, no death wishes, good insight.

Current Meds: \_\_\_\_\_

Assessment and Diagnosis: OCD + Social anxiety

Plan:

- Medications: - Moadupen 50 1x1x7 → 1x1x14 →  
Moadupen 100 1x1 cont.  
- Buspar 100 BID

Patient informed regarding possible side effects

• Labs: \_\_\_\_\_

• Psychometric tests: \_\_\_\_\_

- Therapy: - Dr. Mahmood said for CBT OCD 8-12 sessions  
- Follow up meds @ 2 weeks