

Interviewer Name: A. Elsherbiny Date: 15/3/2026

Patient Name: محمد عبد الجواد DOB: 19/10/2006 Age: 19 years

Patient Education: High School

Patient Employment: None

Marital Status: Single

Children: None

Father: 70 years old

Mother: 60 years old

Siblings: Order: 11; significant data: Lives in Mansouria with Mother

separated 19 years Ago

CC: Depression

HPI: Started with symptoms of depression 6 months ago

Characterized by persistent sadness, loss of interest in activities

and weight loss. Symptoms are worse in the morning

and better in the evening. No suicidal thoughts or self-harm

at the moment. History of anxiety disorder (ADHD) and Concerta

usage. Also mentions Cymbalta usage. Psychiatric history

includes anxiety disorder and panic disorder. Current symptoms

include persistent sadness, loss of interest, and weight loss.

Overdose of Concerta was reported. History of self-harm

and suicidal thoughts. Current symptoms are worse in the morning

and better in the evening. No suicidal thoughts or self-harm

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Past Psychiatric History: _____

Past Medical History: None digital, Allergic to some Antibiotics.
No surgical.

FH: Mother's depression history

SH: Trials: DTH C, Cocaine,
Mushrooms, MDMA,
Alcohol.

MSE: _____

Current Meds: Effexor, Psycholanz, Concerta.

Assessment and Diagnosis: _____

Plan:

- Medications: optimize & finetune
- ↓ other meds

Patient informed regarding possible side effects

• Labs: _____

• Psychometric tests: _____

• Therapy: DBT Group + Therap

with
Jana
for 8th