

Interviewer Name: Dr. Bastien Remy Date: 27/10/2025

Patient Name: محمد DOB: 4/4/1992 Age: 33

Patient Education: 2, 12

Patient Employment: Bank

Marital Status: Married 2017 Divorced 2021. currently on good term

Children: Daughter 6 yrs KG2, daughter mainly at dad's

Father: 55. No relationship since divorce

Mother: 55, Professor (دكتورة) remarried at age 13. Lived in Saudi for a bit

Siblings: Order: 1/3; significant data: then moved back

Lives alone.

CC:

HPI: was in a relationship w/ colleague (3 yrs younger) for the past 3 yrs. He then married someone else & divorced 4 months ago.

He broke it off w/ Pt 7 days ago. It was a dependent relationship and he with her approval socially isolated her. He was diagnosed at BPD, he smokes hash & takes sleepers.

Pt takes 1-2 tablets sleepers 3mg nightly. Started 2.5 months ago. ↑ dose. withdrawal sx of irritability & sleep.

Pt mood is "أفترج" crying. taking 1/2 sleepers in AM to calm down. ↓ concentration. No death wishes. No SI, no rebelliousness. No psychosis.

Drug History: sleepers 3mg x2 2.5 months

Forensic History: NA

Current Risk: ☒ None ☐ Hx of Suicide ☐ Hx of DSH ☐ Current death wishes ☐ Current Suicide intent ☐ Current plan ☐ Risk to others

Past Psychiatric History:

Multiple Therapist Anxiety attacks
Prozac stopped more than year ago

Past Medical History: None, Botox, Fillers.

FH: None

SH:

Pt lives alone & her daughter visits her occasionally.

MSE:

Pt. appears her stated age. Crying. Face slightly restricted due to Botox & filler. Exaggerated emotions (possibly shallow), reactive, partial insight.

Current Meds: ^{or 2x} Sleeper 3mg (3 months) for sleep

Assessment and Diagnosis: Adjustment Disorder (Cluster B type personality traits)

Plan:

- Medications: ¹⁰³ Cipralox $\frac{1}{2} \times 7$ days then Cipralox 10, 1x1 daily
- Trifluo 50g 1x1 nightly
- Zolam 0.5g $\frac{1}{2} - 0 - 1$ for 7 days then 0-0-1 for 7 days
then 0-0- $\frac{1}{2}$ for 7 days.
- ☒ Patient informed regarding possible side effects
- Labs:
- Psychometric tests:
- Therapy: weekly followup.