

<input type="checkbox"/> Difficulty with attention and memory	<input type="checkbox"/> Overthinking worst-case scenarios
<b>OCD</b>	<b>Cluster A Personality Traits</b>
<input type="checkbox"/> Intrusive, unwanted thoughts <input type="checkbox"/> Repetitive behaviors or rituals <input type="checkbox"/> Excessive focus on order, symmetry, or cleanliness <input type="checkbox"/> Fear of contamination <input type="checkbox"/> Repeating actions <input type="checkbox"/> Time-consuming routines interfere with life <input type="checkbox"/> Distress if unable to perform rituals	<b>Paranoid Traits</b> <input type="checkbox"/> Distrusts others without sufficient basis <input type="checkbox"/> Reads hidden threats into benign remarks <input type="checkbox"/> Reluctant to confide in others <input type="checkbox"/> Bears grudges <input type="checkbox"/> Suspects partner of infidelity <b>Schizoid Traits</b> <input type="checkbox"/> Detached from social relationships <input type="checkbox"/> Prefers solitary activities <input type="checkbox"/> Little interest in emotional intimacy <input type="checkbox"/> Appears emotionally cold or flat <input type="checkbox"/> Indifferent to praise or criticism <b>Schizotypal Traits</b> <input type="checkbox"/> Odd beliefs or magical thinking <input type="checkbox"/> Unusual perceptual experiences <input type="checkbox"/> Odd speech or behavior <input type="checkbox"/> Social anxiety that doesn't ease <input type="checkbox"/> Suspiciousness or paranoid ideation <input type="checkbox"/> Inappropriate or constricted affect
<b>Cluster B Personality Traits</b>	<b>Cluster C Personality Traits</b>
<b>Antisocial Traits</b> <input type="checkbox"/> Disregards others' rights <input type="checkbox"/> Impulsive and irresponsible <input type="checkbox"/> Deceitful and manipulative <input type="checkbox"/> Repeatedly engages in illegal acts <input type="checkbox"/> Lacks remorse <b>Borderline Traits</b> <input type="checkbox"/> Intense and unstable relationships <input type="checkbox"/> Emotional instability or mood swings <input type="checkbox"/> Fear of abandonment <input type="checkbox"/> Identity disturbance <input type="checkbox"/> Self-harm or suicidal behaviors <input type="checkbox"/> Impulsivity (e.g., sex, drugs, spending) <b>Histrionic Traits</b> <input type="checkbox"/> Seeks to be center of attention <input type="checkbox"/> Shallow, rapidly shifting emotions <input type="checkbox"/> Inappropriately seductive behavior <input type="checkbox"/> Overly dramatic, theatrical speech <input type="checkbox"/> Easily influenced by others <b>Narcissistic Traits</b> <input type="checkbox"/> Grandiose sense of self-importance <input type="checkbox"/> Preoccupied with fantasies of success <input type="checkbox"/> Requires excessive admiration <input type="checkbox"/> Lacks empathy	<b>Avoidant Traits</b> <input type="checkbox"/> Avoids social contact due to fear of criticism or rejection <input type="checkbox"/> Feels inadequate or socially inept <input type="checkbox"/> Reluctant to take risks or try new things <input type="checkbox"/> Inhibited in new social situations <input type="checkbox"/> Extremely sensitive to negative evaluation <b>Dependent Traits</b> <input type="checkbox"/> Difficulty making everyday decisions without reassurance <input type="checkbox"/> Needs others to assume responsibility <input type="checkbox"/> Feels helpless when alone <input type="checkbox"/> Urgently seeks new relationships for support <input type="checkbox"/> Difficulty expressing disagreement <b>Obsessive-Compulsive Personality Traits</b> <input type="checkbox"/> Preoccupied with order, perfection, and control <input type="checkbox"/> Rigid about rules and morality <input type="checkbox"/> Excessively devoted to work at the expense of leisure <input type="checkbox"/> Inflexible about how things should be done <input type="checkbox"/> Reluctant to delegate

- ☐ Exploits others for personal gain  
☐ Arrogant or entitled

Drug History:

NA

Forensic History:

NA

Current Risk: ☐ Hx of Suicide ☐ Hx of DSH ☐ Current death wishes ☐ Current Suicide intent  
☐ Current plan ☐ Risk to others

NA

Current Meds:

NA

Past Medical History:

IBS w/ nausea/vomiting ~~as~~ stress related

Assessment and Diagnosis:

Adjustment Disorder

Plan:

- Medications:

Tropidol 25g

Pt considering taking citalopram 10g but will decide later  
Follow up PRN

☐ Patient informed regarding possible side effects

- Labs:

- Psychometric tests:

- Therapy:

Interviewer Name: Dr. Bassem Rany Date: 19/6/25  
 Patient Name: 280 Table DOB: 4040  
 Mother: Job: Housewife Description: Housewife  
 Father: Job: Father passed on engagement Description: Father passed on engagement  
 Siblings: Order: 4/6; significant data: all daughters  
 Marital Status: Married 17y Children: 16y son, 12y son, 10y daughter  
 Husband: 5 children, 44y  
 Patient Education: High school education

Patient Employment: unemployed

CC:

Complaint: Discovered husband is married (3y ago) & has a son (1.5 years old)  
2 weeks ago  
Poor sleep, anxious, hesitant, anger outburst  
No SI, No HI

Depression	Mania
<input checked="" type="checkbox"/> Persistent sadness or low mood <input checked="" type="checkbox"/> Loss of interest or pleasure in activities <input checked="" type="checkbox"/> Changes in <u>appetite</u> or weight <input checked="" type="checkbox"/> Sleep disturbances (too much or too little) <input type="checkbox"/> Fatigue or low energy <input checked="" type="checkbox"/> Feelings of worthlessness or <u>guilt</u> <input type="checkbox"/> Difficulty concentrating or making decisions <input type="checkbox"/> Thoughts of death or suicide <input type="checkbox"/> Physical aches and pains without cause <input type="checkbox"/> Withdrawal from social life	<input type="checkbox"/> Increased energy or activity <input type="checkbox"/> Inflated self-esteem or grandiosity <input type="checkbox"/> Decreased need for sleep <input type="checkbox"/> Racing thoughts or rapid speech <input type="checkbox"/> Distractibility <input type="checkbox"/> Impulsive or risky behavior <input type="checkbox"/> Increased goal-directed activity <input type="checkbox"/> Irritability or agitation <input type="checkbox"/> Poor judgment <input type="checkbox"/> Psychotic Symptoms
Schizophrenia	GAD
<input type="checkbox"/> Hallucinations <input type="checkbox"/> Delusions <input type="checkbox"/> Disorganized thinking or speech <input type="checkbox"/> Unusual or disorganized behavior <input type="checkbox"/> Lack of motivation or emotion <input type="checkbox"/> Social withdrawal <input type="checkbox"/> Flat affect (reduced emotional expression)	<input type="checkbox"/> Excessive worry about various things <input type="checkbox"/> Restlessness or feeling "on edge" <input type="checkbox"/> Fatigue <input type="checkbox"/> Difficulty concentrating <input type="checkbox"/> Irritability <input type="checkbox"/> Muscle tension <input type="checkbox"/> Sleep disturbances