

- 1st Dr. 19-20 - Depression.
- Multiple Dr. & meds.

Past Psychiatric History:

EMDR for 2 yrs ago for 3-4 times, for PTSD from sexual harassment at age 4-5 yrs from a now dead relative.
 → Previous psychometric test revealed histrionic/PP traits.

Past Medical History:

FH: Brother ADHD (ciprolex),

SH:

- None smoker
 - works as a practitioner

MSE: Pt wearing slightly revealing clothes, normal affect, no mood, no SI, no HI, no hallucinations, no delusions

Current Meds: Ciprolex 10g, Lamictal 25g daily,

Assessment and Diagnosis: BPD + depression mild

Plan:

- Medications: Ciprolex 10g x2
 - Trifluo 50g x1
 - Lamictal 25 → 50g BID

☒ Patient informed regarding possible side effects

- Labs: N/A

- Psychometric tests: N/A

- Therapy: Mo OLA DBI
 - leading group DBT

Lived alone in college for 2 yrs, then sister

Interviewer Name: Dr. Bassam Razy Date: 31/7/2025

Patient Name: Salma DOB: 3/6/1997 Age: 28

Patient Education: Dentist

Patient Employment: Facial Plastics

Marital Status: 2 previous, last from 1/2025 - 2 weeks ago

Children: _____

Father: Ta Saoudi, private business, ^{مستشار في (البنوك) والبنوك}

Mother: was teacher, ^{دليل في مستشفى}

Siblings: Order: 1/4; significant data: Youngest 15y's younger

Born & raised Khobar Saudi; moved for college

CC: _____

HPI: _____

Unsafe home: Mother harsh, violent physically, not supportive emotionally distant (specially in teen)

Father passive

Saudi school: bullying & discrimination till school change in grade 9. (تجربة)

Sexual abuse by relative at age 4-5 → EMDR 2yrs ago

→ Emotional lability

→ Impulsivity

→ Fear of abandonment (specially in last 2 engagements)

→ Multiple dysfunctional relationships

↳ 1st fiance was abusive & manipulative

→ Suicidal thoughts

↳ 1 attempt 2yrs ago taking Serenol & slashing (superhero!) her wrist, spent 1 evening in prison & recovered

Drug History: STOH occasional

Forensic History: NA

Current Risk: ☐ None ☒ Hx of Suicide ☐ Hx of DSH ☒ Current death wishes ☐ Current Suicide

intent ☐ Current plan ☐ Risk to

others _____