

Past Psychiatric History:

2021 w/ Dr. Nabil El Shagawa Eating disorder (Binge & purge)
6 month therapy

Past Medical History: Gastric bypass in 2020 - lost 60 kg.

FH: Sister under tx for BPD & M. Olan in shared

SH:

Smoker

MSE: It appears her stated age, well dressed & groomed,
wearing multiple jewelry, good eye contact, crying
occasionally, Depressed mood, reactive & appropriate affect.
No SI, No HI, No delus. No Halluc.
Good insight & judgement

Current Meds: None

Assessment and Diagnosis: MDD comorbid BPD

Plan:

- Medications: Escitalopram 20mg daily → switch to Paroxetine
- Melatonin 1.5g Tab for sleep

☒ Patient informed regarding possible side effects

- Labs: HbA1c, creatinine & vit D (Recommended to start prescribed med)

- Psychometric tests:

- Therapy: Ms. Abbeer DBT
- Follow up in 2 weeks

Interviewer Name: Dr. Bassam

Date: 17/8/2015

Patient Name: ياسمين DOB: 14/10/1991 Age: 24

Patient Education: Master's France & now in France

Patient Employment: unemployed, Tutoring College students

Marital Status: —

Children: —

Father: 56, Lawyer

Mother: 55, DJ remarried in secondary school

Siblings: Order: 3/3; significant data: 8 & 6 yrs older sisters (married & self-harm)

Lives by herself in Cairo. Raised w/ mother. L

CC:

HPI: Depressed mood, anhedonia, disturbed pattern of sleep, hopelessness, guilt, crying spells, No Death wishes, No SI, No Delusional ideation

BPD:

- Impulsive sexual relationship (first at age 13 through facebook w/ 24 yr old)
- Splitting in all her relationships
- Hx of Death wishes & DSH w/ Binge & purging in teenage years
- Emotional lability
- Fear of abandonment when in relationship leading to suicides
- Unstable home with fights & abuse emotional from father (hitting us out; talking bad about mother ...)
- Double Bind between mom & dad.

Drug History: Hx of Hash / ETOH use socially

Forensic History:

Current Risk: ☐ None ☐ Hx of Suicide ☒ Hx of DSH ☒ Current death wishes ☐ Current Suicide intent ☐ Current plan ☐ Risk to others