

Past Psychiatric History:

NA

Past Medical History:

NA

FH:

NA

SH:

Married for 5 yrs w/ multiple attempts for pregnancy failed

MSE:

Pt appears sedated, poor eye contact, preening when not being addressed, shuffling walk with parkinsonian gait, delusional mood, blunted affect, no SI, no HI, delusion of persecution & reference. No insight, poor judgement.

Current Meds: Aripiprazole 4mg + Olanzapine 10mg + Abilify 20mg BID

Assessment and Diagnosis: Brief Psychotic Episode

Plan:

- Medications: Abilify 10mg
+ Aripiprazole 20mg for 1 week
Olanzapine 10mg
Abilify 20mg BID

☒ Patient informed regarding possible side effects

- Labs: CBC, Liver, Kidney, TSH, Pregnancy, ECG ordered
- Psychometric tests:
- Therapy: Follow up weekly

Syrian

Interviewer Name: Dr. Bassam Date: 17/8/2025

Patient Name: Gisela DOB: 1/1/1999 Age: 26

Patient Education: High School

Patient Employment: Real estate

Marital Status: Married 5 yrs

Children: 2 kids

Father:

Mother:

Siblings: Order: 1/2; significant data:

CC:

HPI: Only early started episode of Hypomania, after stopping

weight loss medication by 1 week, so included: decrease

need for sleep, hyperactivity, multiple projects, pressured speech

racist thoughts. Patient as Thyl tried attempted to commit

suicide by jumping from window but family held her.

(Possible outing out on delusion) Family sought medical

advice and pt was prescribed Moxipex 30g & Aripiprazole 15mg.

Pt stayed awake for 3 days. Pt then developed paranoid

delusions towards family & all strangers that people

are going to hurt her. Delusional mood "justifying why",

Auditory hallucinations prominent but pt denies it.

With following of her psychiatrist she was prescribed on 5/8

Aripiprazole 40g + Olanzapine 10g + Aripiprazole 2g BID.

Pt still has all active sx & EPSE of restlessness & stiffness

Drug History: NA

Forensic History: NA

Current Risk: ☐ None ☒ Hx of Suicide ☐ Hx of DSH ☐ Current death wishes ☐ Current Suicide

intent ☐ Current plan ☐ Risk to

others current no SI no HI

Aripiprazole 40g 0-0-1
Olanzapine 10g 0-0-1
Aripiprazole 2g 1-0-1