

Past Psychiatric History:

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Past Medical History: Myeloma disease 26 yrs ago multiple immune suppressor → Thymectomy 9 yrs ago → symptoms resolved, residual occasional muscle weakness & fatigue, no medications

FH: None

SH:

لا يوجد تاريخ عائلي

MSE: Pt appears older than her age, veiled, tearful at times, Depressed mood, dysphoric reactive affect, no obsessions, no hallucinations or delusions, no SI, no HI, good insight

Current Meds:

Assessment and Diagnosis: MDD (chronic depression)

Plan:

- Medications: Prozac or alternative 20mg 1-2x daily
Mefenoxol 150mg 2x daily

☐ Patient informed regarding possible side effects

- Labs: Pt reports normal labs within the last 6 months
- Psychometric tests:
- Therapy: 1st. Phase Psychotherapy weekly
Follow up visit in 2 weeks

