

Past Psychiatric History:

1970s Bipolar depression w/ sx of conversion (?)

Past Medical History: DM II, HTN, Thyroidectomy, Cholesterobag

FH: Son has Anxiety on medication

SH:

Lives in Qatar, visiting Egypt

MSE: Pt appears her stated age, dressed modestly, wearing jewelry & makeup. Seen on rt hand from tattoo removal. Euthymic, reactive, appropriate affect, mood "ok". No HT, no psychosis. Good insight.

Current Meds: Serenel 25 nightly

Assessment and Diagnosis: Major Depressive Adjustment Disorder recovered

Plan:

- Medications: Serenel 25 Ye till 2 weeks & stop

☐ Patient informed regarding possible side effects

- Labs: Full Labr & ECG ordered

- Psychometric tests:

- Therapy: Follow-up in 2 weeks

Interviewer Name: D. Bawani Rami Date: 17/9/2015

Patient Name: J. Al-Jarrah DOB: 12/12/1956 Age: 58

Patient Education: Qatar

Patient Employment: Retired

Marital Status: Married 1972 in Qatar. Passed away 14 yrs ago (he was 60 yrs old)

Children: 3 Qataris (Elderest married) (1st pregnancy at 14 yrs)

Father:

Mother:

Siblings: Order: 2/3; significant data:

CC:

HPI:

Pt was started on antidepressant Citalopram 20g & Quetiapine 25g
5 yrs ago because of "depressed mood & lack of sleep as I
was faced with problems"

She stopped citalopram 1 week ago

She is asking for help with stopping all meds

Full-time, sleeping well, eating well, going out, feeling fine
No SI, no psychosis, good insight

Drug History: N/A

Forensic History: N/A

Current Risk: ☒ None ☐ Hx of Suicide ☐ Hx of DSH ☐ Current death wishes ☐ Current Suicide
Intent ☐ Current plan ☐ Risk to
others