

Past Psychiatric History:

Tried Therapy for 2-3 sessions

Past Medical History: TBS, Labs @ 3 months ago

FH: None

SH:

MSE:

It appears her stated age, thin built, guarded at the beginning, euthymic mood, no affect, no HI, no HE, no psychosis, good insight.

Current Meds: N/A

Assessment and Diagnosis: CAD vs. ^{Anxious} Anxiety personality [

Plan:

- Medications: Wellichin 2R BID
Dagacril 10mg @ night

☒ Patient informed regarding possible side effects

- Labs: 3 months ago - fi (N)

- Psychometric tests:

- Therapy: Dr. Mohamed Sami CBT
Review meds in 2 weeks

Interviewer Name: Dr. Bassem Date: 5/10/2025

Patient Name: Leila Adel DOB: 25/6/1992 Age: 33

Patient Education: Business Management

Patient Employment: Business Public speaking (Professor in a college)

Marital Status: Married 5 yrs, dating since college

Children: 1 boy 2 years

Father: Patient doesn't want to share further information about him

Mother: _____

Siblings: Order: / / /; significant data: _____

CC: _____

HPI: انا حاسة بتوتر من رايانا صغيرة و المفروض زاد بقالة سنة
ملا كان منفرد ابني وكده - بعض بغيرت من الاجتماعيات
بتكون متوترة بـ 100% مع اى تجمع فتيه الذات و نفس اى
متندة و بقلق فى المنزل بالاض الى بيمل و يمشى و يكون
بفكر كثير الشئ شايف ان انا ده عاقل فى الشئ قوية

كان بيديبولي طماططت و ايام الاصطوانات و انا صغيرة

نوم كويس و اكل و مزاج كويس و بيمل العاجات - انا مع ابني حادى
و يكون ميسرة

انا صغري اصحابه خالص و اصحابى الصغيرة (مكتش ما حقيق قوس)

جورى بيقولى انا واحدة قوس وان الشئ بتستغلنى لما كان طيبة

عقلى انا و انما الحوت ارمية

Errors of thinking: - All or Nothing
- Personalization
- Disregarding the two
- "Should"

Drug History: Drank EtOH twice during college.

Forensic History: NA

Current Risk: ☒ None ☐ Hx of Suicide ☐ Hx of DSH ☐ Current death wishes ☐ Current Suicide intent ☐ Current plan ☐ Risk to others _____