

Past Psychiatric History: _____

None

Past Medical History: NA

FH: DM, several family members passed from cancer

SH: _____

→ Pt lives alone in an apt in Cairo while family are in Egypt

MSE: Pt appears his stated age, traceable, multiple pimples on his forehead, unkempt, malodorous, crying occasionally during interview, "bad" mood, affect restricted appropriate, circumstantial thought process. Partial insight

Current Meds: NA

Assessment and Diagnosis: BPD w/ Major depressive disorder

Plan:

- Medications: Prozac 20g (fluoxetine)

- Doxepin 300 BID

- Aripiprazole 15g nightly

- Amitriptyline 25g PRN for sleep

☒ Patient informed regarding possible side effects

- Labs: NA

- Psychometric tests: _____

- Therapy: - DBT w/ Dr. Ota & possibly group when appropriate
- Biweekly followup for medication assessment.

Interviewer Name: Dr. Susan Remy Date: 10/7/2015

Patient Name: أحمد محمد DOB: 7/7/2001 Age: 24

Patient Education: computer science

Patient Employment: working as a software engineer

Marital Status: single

Children: none

Father: 2023, cancer patient, died

Mother: alive, healthy

Siblings: Order: 3/3; significant data: 2 brother all engineers

Family in Amman (Jordan) raised me

CC: Depressed mood, anxious, overthinking, anhedonia, sleeping 2 hrs

HPI: at night & 2 hrs afternoon, poor self-care, social withdrawal, poor concentration, fatigue

Depressed mood, anxious, overthinking, anhedonia, sleeping 2 hrs at night & 2 hrs afternoon, poor self-care, social withdrawal, poor concentration, fatigue

→ Hx of emotional lability, multiple relations, drug abuse (polypharmacy), fear of abandonment, emptiness, insatiable, quasi psychotic of paranoid ideations towards partners, DSH (started 2-3 yrs ago) w/ signs lighter burns on his hands & attempts at razor cutting, 2 previous suicidal attempts by deliberately causing car crashes, Pt was raised in an unstable household w/ neglect from parents (both), Impulsive driving & speeding

→ No Hx of sexual or physical abuse

→ Hash 18yo, 19yo daily, stopped 10 months ago

→ Zolam, Lyrica, Ativan (high dose) (referred)

→ ETOH at age 19yo occasionally, worked 8-16 hrs

met online

→ New relationship 10 months ago and she asked him to stop everything and he did. Her father rejected his proposal.

SHE is a "recovering ETOH" and now sober, she told him about having multiple previous partners. He is "always" doubting her faithfulness.

Drug History:

Forensic History:

Current Risk: ☐ None ☒ Hx of Suicide ☒ Hx of DSH ☒ Current death wishes ☒ Current Suicide

intent ☒ Current plan ☐ Risk to others

Nil risk to self