

Interviewer Name: Dr. Basser Ranzay Date: 19/10/2025

Patient Name: Mr. [unclear] DOB: 30/7/1997 Age: 28

Patient Education: Mass comm [unclear]

Patient Employment: Haliburton 2935

Marital Status: NA

Children: NA

Father: 71yo, retired, [unclear]

Mother: 64yo, [unclear]

Siblings: Order: 3/3; significant data: 9, & 10 yrs older, married w/ kids

CC: _____

HPI: _____

Anxious for 1.5 months, easily provoked, irritable, anhedonia
no SI, no HI, no psychosis, no illicit drugs

Cognitive errors: - catastrophizing

- Minimisation & maximization

- "should"

→ Parental (internal) critic (unrelenting standards)

→ Breakup 1.5 months ago & started new relation 1 month ago
(feels guilty for fast rebound)

→ Father had cardiac problem requiring hospitalization 1.5 months ago

→ Self sacrifice schema with work, friends, relationships

Drug History: NA

Forensic History: NA

Current Risk: ☒ None ☐ Hx of Suicide ☐ Hx of DSH ☐ Current death wishes ☐ Current Suicide

intent ☐ Current plan ☐ Risk to

others _____

Past Psychiatric History: 1st time

Past Medical History: None

FH: None

SH:

MSE: No ST, No HI, No Psychosis
"low" mood, crying at times, reactive affect
good insight/Judgment

Current Meds: NA

Assessment and Diagnosis: Adjustment disorder

Plan:

- Medications: NA

☐ Patient informed regarding possible side effects

- Labs:

- Psychometric tests:

- Therapy: Weekly CBT for Depression (Errors of thinking & identifying emotions)
with Ms. Haya