

Past Psychiatric History:

Life search mainly in other help w/ choosing partner

Psychiatrist in consult for relationship advice

Past Medical History: No

FH: Father diagnosed Bipolar was on meds but stopped

SH:

Living w/ mother & bro

MSE:

Normal, No ST, No VI

Current Meds:

ND

Assessment and Diagnosis: NA (Crisis)

Plan:

- Medications: None

☐ Patient informed regarding possible side effects

- Labs:

- Psychometric tests:

- Therapy: - supportive psychotherapy w/ me for 2h
Then referral to Maudsley for psychotherapy

Main issue
father with
2nd wife
↓
Ugly
Divorced
2019

Interviewer Name: Dr. Bassam Rami Date: 6/7/2025

Patient Name: أحمد أحمد DOB: 4/12/96 Age: 29

Patient Education: Management Clinic

Patient Employment: Finance Mercedes

Marital Status: Married

Children: 1 son, 1 daughter, 1 son, 1 daughter, 1 son, 1 daughter

Father: From Saudi Consulate IDO, currently unemployed Married 2020, 55yo

Mother: British Council part time, 53yo, 1st son, 1st daughter, 1st son, 1st daughter, 1st son, 1st daughter

Siblings: Order: 1/3; significant data: 1st son, 1st daughter, 1st son, 1st daughter, 1st son, 1st daughter

Patient involved in parents arguments for young age "أحمد أحمد"

CC: Depression, Anxiety, Panic Disorder

HPI: Depression, Anxiety, Panic Disorder, 1st son, 1st daughter, 1st son, 1st daughter, 1st son, 1st daughter

من مراهدين الشغل خدبته معه Date رتالي على حاجات وشغل

عملها في الامن، اعمالهم وطبق خبروا ما ملوا على ما جينه ووجوه

بها (كان بيترجعه وبعده جات والحمد) ومن ماقتها منجارية

رخص ماقة اعمل ايه

Drug History: NA

Forensic History: NA

Current Risk: ☒ None ☐ Hx of Suicide ☐ Hx of DSH ☐ Current death wishes ☐ Current Suicide intent ☐ Current plan ☐ Risk to others

others: _____