

Past Psychiatric History:

NA

Past Medical History: Subclinical hypothyroid in 4/25

FH:

NA

SH:

- Single, never married

workaholic w/ current difficulties at work

MSE:

Depressed mood, tearful, good eye to eye contact, no
halluc, no delus, no SI, no HT, partial insight.

Current Meds: Omeprazole 40mg AM

Assessment and Diagnosis: MDD - Moderate

Plan:

- Medications: - Elavil 75mg $\frac{1}{2}$ X 1 week $\rightarrow$ 1 tablet in AM
- Quinapril 20mg $\frac{1}{2}$ X 2 nightly

☒ Patient informed regarding possible side effects

- Labs: - TSH

- Psychometric tests:

- Therapy: pt. refused

Interviewer Name: Dr. Barn Date: 6/8/2025

Patient Name: Youssef, Youssef DOB: 30/09/68 Age: 57

Patient Education: _____

Patient Employment: Country Director Finance Hilda Group

Marital Status: Not married

Children: _____

Father: Cardiologist, 71yo passed 2/9/2001

Mother: Liberal & 91yo, 81yo passed 17/4/2025

Siblings: Order: 2/2; significant data: brother lives in France, doctor, married no kids
visits Egypt 2-3x / year. calls each other 1/week.

CC: _____

HPI: _____

- Depressed mood for 1yr.

- Anhedonia (used to enjoy ppl, reading & walking)

- Feels caring, unhelping

- Isolation, guilt, helplessness, helplessness

- Death wishes, passing suicidal thoughts w/ no plan or intent

- No hallucinations, no delusions.

Triggered w/ stress from work compounded w/ mother passing

Oct 2017 mother broke 2 vertebrae at 71yo
Passed at 81yo 2 months ago

Lived in Belgium 17yo from 2004-2017. Left
job to move to Egypt w/ mother.

Drug History: NA

Forensic History: _____

Current Risk: ☐ None ☐ Hx of Suicide ☐ Hx of DSH ☒ Current death wishes ☐ Current Suicide
intent ☐ Current plan ☐ Risk to
others _____