

Interviewer Name: Dr. Bassam Date: 1/5/2026

Patient Name: Nesli DOB: 14/7/1998 Age: 27

Patient Education: Quality Management in Human Mai in UAE

Patient Employment: Sales Manager (part time) in relative's coffee bean

Marital Status: NA

Children: NA

Father: 70s, doesn't know anything about him since age 6, super critical, buty him & since age 6. left family in UAE & some to Egypt & married

Mother: 53, in UAE Dubai Police Dept, married old, nit job, never remarried ^{In her}

Siblings: Order: 4/6; significant data: 1 other brother younger

CC: _____

HPI: _____

Hashh: 1st I in grade 9 in Egypt w/ relatives, nightly from the start during summer break - 6 months later became twice / day, "I need to smoke or else I can't move". I bring kg / week w/ 5 friends.

↳ Anabolic steroid 5x: 1.1 Drive jigsaw to 1.5 kg lip
↳ nit job in UAE Dubai Police Dept, married old, nit job, never remarried.
↳ longest stop 9 months before coming to Egypt.

ICE: 2 yrs, IV, stopped on his own after developing delusions of persecution

Heroin + Morphine: IV daily sign. 2019-2023. (litric each)
↳ acted as if he fractured his arm to go get morphine in hospital

Lyrica: age 17 yrs. agitation in withdrawal

Powder Vape in Dubai => fits.

Overdose Morphine ambulance => fits + pnea.

Now: Hashh + Lyrica or Concertin 300, x7

Police Hx: caught w/ friends & drugs

Drug History: _____

Forensic History: _____

Current Risk: None Hx of Suicide Hx of DSH Current death wishes Current Suicide intent Current plan Risk to others _____

Past Psychiatric History:

Several times in Dubai to get Lyrica prescriptions.

Past Medical History: None

FH: Cousin (Hash + ICE)

SH:

MSE:

Current Meds: None

Assessment and Diagnosis: MDD

Plan:

- Medications: ~~Trileptol 300 x 2~~, ~~Quetiapine 100 x 1~~, ~~Risperidone 30 x 1/2~~
~~Mebutal 50 x 1~~, ~~Brexpiprazole 1 x 3 x 3 days~~, ~~Contibion 40 (1 x 1 x 14)~~
- Patient informed regarding possible side effects
- Labs: ~~ordered~~
- Psychometric tests:
- Therapy: weekly w/ me then if stopped → Maudsley Tardis