

Past Psychiatric History:

Conversion ha (Hysteria) → Dr. AMR Yousry → med → better

Past Medical History:

Sleeve 2018, GERD, Anemia,

ألم في الصدر

FH:

SH: twice divorced

- Born in Egypt then 2 months moved to Saudi, Jeddah, attend college there, moved to Egypt 22 yrs old for pharmacy college.
- Lives alone near Rehab

MSE: Pt appears younger than her age, veiled, well dressed, has makeup on, tearful at times, depressed-mood, reactive appropriate affect. No SI, No HI, no perceptual abnormalities, good insight

Current Meds: Cambridge 60mg

Assessment and Diagnosis: MDD

Plan:

- Medications: - Depakote 10mg
- T; Hinc 50g

☒ Patient informed regarding possible side effects

- Labs: Full Lab & Fe profile

• Psychometric tests:

- Therapy: weekly sessions w/ me

Interviewer Name: Dr. Basim Date: 30/8/2025

Patient Name: د. نجوان عبد الله DOB: 1/1/1983 Age: 42

Patient Education: Master's degree in Health Education

Patient Employment: Operation manager Business solutions. From 2022

Marital Status: Divorced 2018, married 2009-2018 (4 yrs separation prior to divorce)

Children: then Kabb kabb not completed 2/3 children

Father: 74, passed 2023, 3 children, 1 son, 2 daughters, 1 son, 2 daughters, 1 son, 2 daughters

Mother: 62, 1 son, 1 daughter, 1 son, 1 daughter, 1 son, 1 daughter

Siblings: Order: 1/5 significant data:

CC:

HPI:

Depression:

- sad mood (numb)
- Anhedonia (used to enjoy writing)
- concentration, memory
- Angry towards mother, family, provided
- Thinking
- sleep (insubstantial)
- Death wishes
- Feeling of guilt

Pt married someone with father's apparent acceptance but he was 5 yrs younger than her. Father took her to Saudi immediately after Kabb El Kabb, he locked her there, he was telling her that she was forbidden. Heated, after her family cut ties of her completely. She then fought with her husband (didn't live w/ him) & divorced him.

Drug History: NA

Forensic History: NA

Current Risk: ☐ None ☐ Hx of Suicide ☐ Hx of DSH ☒ Current death wishes ☐ Current Suicide intent ☐ Current plan ☐ Risk to others