

Interviewer Name: Dr. Bassem Ramzy Date: 19/10/2025

Patient Name: جنى علاء الدين DOB: 5/3/2002 Age: 23

Patient Education: مدرسة عين شمس

Patient Employment: استاذة

Marital Status: NA

Children: NA

Father: 67yo, Internist, طبيب قديم في مصر (Go good), Lived in Saudi & Kuwait most of

Mother: 74yo, retired chemistry teacher, توفيت خالتي, like until 4 yrs ago.

Siblings: Order: 1/2; significant data: _____

CC: _____

HPI: _____

Sad empty mood for 1 yr., ↓ appetite, ↓ concentration for 2-3 months.
inverted sleep. No death wishes, No SI, No psychosis, no obsessions,

B.P. Traits: _____

- Labile mood

- Feeling of emptiness

- Fear of abandonment in relationship (مخاوف من الانفصال عن ابنتي)

- Splitting (Black & white)

~~Present stressors~~

Drug History: NA

Forensic History: _____

Current Risk: ☒ None ☐ Hx of Suicide ☐ Hx of DSH ☐ Current death wishes ☐ Current Suicide

intent ☐ Current plan ☐ Risk to

others _____

Past Psychiatric History: _____

Past Medical History: All cardiac test (N)

FH: Father OCD + Depression (severe), Grandma Father side Depression

SH: _____

MSE: Pt appears less relaxed eye, "sad" mood
crying at times, reactive affect. no SI, no HT, no
Psychosis. good insight

Current Meds: None

Assessment and Diagnosis: Adjustment Disorder w. Personality difficulties

Plan:

- Medications: Pt refused

☐ Patient informed regarding possible side effects

- Labs: _____

- Psychometric tests: _____

- Therapy: - weekly DBT sessions w/ Ms. Hagan
- consider group CBT